

# Holiday Card-Making Guidelines for Cards for Hospitalized Kids

## Addressing the Card

Please address the cards generally (rather than to a specific person by name) since we don't know the child's name in advance. If you want to address the card, here are some general suggestions:

— "Hey There" — "To a very special person"

## Writing in the Card

Please do not write "Get well", "Feel Better" or other illness related comments. Rather, we recommend uplifting comments that focus on the child as a whole.



"You rock"

"You inspire me"

"You are awesome"

"Never forget how  
amazing YOU are"

"I hope you have a  
great day today"

"You shine brighter  
than the sun"

## Things to Avoid

- Including Any personal information, such as: phone number, email address, request for direct contact, etc.
- Any religious comments such as "God Bless" or "I'm praying for you." Hospitals do not allow us to distribute cards with these comments. Hospitals treat patients of all religions as well as patients that do not practice religion, which is why they do not allow this.
- At the request of hospitals, we do not write "Get well", "Feel Better" or other illness-related comments. This is very important because some patients suffer from medical conditions that are chronic, life-long, progressive and/or terminal.

## Sign Your Name

Sign your name on the card (Please also include your state if possible such as:



- "Katie from Nebraska"
- "Jen from Washington DC"
- "Alex at Bank of America in Texas"

